

Out4MentalHealth

LGBTQ Awareness, Sensitivity, & Competency

Full-Day Training, 4.5 CEUs available

Hosted by Transitions – Mental Health Association
French Hospital Copeland Health Education Pavilion,
3rd Floor, 1823 Johnson Ave, San Luis Obispo, CA

Wednesday, August 15, 2018
9am - 3pm (w/ 1 hr lunch break & 2 short breaks)

Register at <http://tinyurl.com/LGBTQ-ASC-SLO>



Target Audience: Providers, organizational leadership, human resources staff, MHSA/WET coordinators, clinicians and clinical staff, mental health workers, social workers and case managers

Training Description

This highly interactive training leads participants through the foundational steps of LGBTQ cultural competence, while creating a learning environment that is safe, fun, and comfortable for attendees who may have varying degrees of knowledge or comfort with this subject matter. This training gives staff members a better understanding of sexual orientation and gender identity, addresses myths and negative stereotypes about LGBTQ individuals, and helps develop core competencies towards reducing LGBTQ mental health disparities.

Training Objectives:

- Participants will be able to identify four (4) sexual orientations, such as lesbian, gay, bisexual, and queer;
- Participants will be able to identify five (5) myths and misconceptions regarding sexual orientation, such as lesbian, gay, and bisexual individuals;
- Participants will be able to describe the differences between three (3) major concepts: sex assigned at birth, gender assigned at birth, and current gender identity;
- Participants will be able to identify three (3) myths and misconceptions regarding gender identities; and
- Participants will list one (1) strategy to develop a welcoming environment for LGBTQ clients and family members

#Out4MentalHealth is a collaborative program funded by the California Mental Health Services Act (Prop 63) and the Mental Health Services Oversight and Accountability Commission (MHSOAC)



Registration, Accommodations or CEU questions? Contact Rebecca Redman, County of San Luis Obispo, Behavioral Health Department rredman@co.slo.ca.us
Grievance, Refunds, or Cancellations? Please contact nvelozpassalacqua@co.slo.ca.us to provide you with our Grievance Policy & Procedure, Refunds, & Cancellations.

County of San Luis Obispo Behavioral Health Department is approved by the California Association of Marriage and Family Therapists to sponsor continuing education for behavioral health professionals. County of San Luis Obispo Behavioral Health maintains responsibility for this program/source and its content. Please allow 2 weeks for completion of training and evaluation to receive certificate. San Luis Obispo Co. Mental Health Provider approved by the California Board of Registered Nursing. Provider #1857, for 4.5 contact hours. County of San Luis Obispo Behavioral Health meets the qualifications for 4.5 hours of continuing education credit for MFTs, LPCCs, and/or LCWS as required by the California Board Behavioral Sciences, Approval #55442.